



Karen Posey

CEO & Managing Partner | CEO Growth Expert | Keynote Speaker

Karen is a dynamic keynote speaker with over a decade of experience, known for her ability to weave powerful stories that inspire and empower CEOs. Drawing from decades of experience working with Fortune 500 and mid-market CEOs, Karen specializes in helping leaders drive growth and strategic alignment for lasting success. She focuses on the **six things only CEOs can do**— Vision Clarity, Personal Effectiveness, First Team, Strategic Organizational Alignment, Engaging Stakeholders, and Board Engagement.

As the founder of a certified woman-owned business, Karen blends her extensive leadership expertise with a passion for wellness. Through her storytelling, she connects with audiences and helps **CEOs and their teams prioritize personal effectiveness and well-being, ensuring they thrive while leading with clarity and purpose on their path to rapid predictable growth.**

SIGNATURE TOPICS

Karen specializes in empowering CEOs and leadership teams to excel in **effectiveness, strategic growth, and leadership transformation**. Through customized keynotes, workshops, leadership retreats, and spouse retreats, Karen delivers actionable strategies tailored to each client's unique needs.

Her ultimate focus is the audience. Karen ensures they leave feeling **inspired, challenged, validated, energized, and confident**, equipped with the clarity and tools to take bold, next steps toward success.

Through **powerful storytelling** and **actionable insights**, she ensures a memorable, impactful experience that motivates participants to embrace change, drive growth, and elevate their leadership.

- How Exceptional CEOs Spend Time: Winning Strategies for High Impact
- CEO Power Moves: Unlocking Sustainable Growth in Challenging Times
- From Chaos to Clarity: How CEOs Master Strategic Focus
- Beyond the Grind: Building a Growth Mindset That Scales Your Business
- 3 Invisible Barriers to Growth—and How to Break Them
- Strategic Design: Crafting an Organization Built to Win
- Women Who Lead: Redefining Leadership and Driving Impact
- The Things *Only the CEO Can Do*
- Decoding Talent: The Secret to Scaling Your Leadership Team
- Intentional Growth: The Discipline Every CEO Needs

Karen Posey delivered an exceptional keynote at this year's *Best of Breed Conference*. Right from the start, her extensive experience with mid-market CEOs and C-Suite executives stood out. Karen's unique talent for breaking down complex business challenges and offering real, actionable strategies left our audience both energized and inspired.

Her powerful insights on *Vision Clarity, First Team Cohesion, and Personal Effectiveness* in driving intentional growth really struck a chord. Karen's authenticity and dynamic style kept the audience fully engaged, and everyone left with clear, practical steps they could apply right away.

Alex Czerwinski, Senior Events Manager, The Channel Company